

# BOOT CAMP FOR BOOMERS



## “AGING IN PLACE”

**Guest speaker: Mark Stevenson, The Bath Guys**

Getting older is about planning and making lifestyle changes that will help you live on your own terms. Come see what you can do to stay in your home as long as possible. Common areas of concern in the home will be addressed. No selling at this event, but information will be provided as well as an “Aging in Place Guide”

**Tuesday, July 9, 2013**

**5:30pm to 7pm**

Supper at 5:30pm for only \$6

Presentation from 6pm to 7pm

Please register by July 5, 2013

(860)441-6785



**Discover the Groton Senior Center**

